

Family Life Merit Requirements

1. Write the answers to the following questions:
 - a. What is a family?
 - b. How are the family members affected if one of the members is sick?
 - c. How are the family members affected if one of the members leaves?
 - d. How are the family members affected if one of the members has received an award?
 - e. How are the family members affected if one of the members is angry?
 - f. How are the family members affected if one of the members fights with another family member?
2. Read Luke 2:41-52. Then write the answers to the following questions:
 - a. Write some reasons why Mary and Joseph were worried about Jesus.
 - b. When Jesus went back to Nazareth with Mary and Joseph what did he do?
 - c. Why was that important?
3. Why is it important to have rules in a family?
4. Read Luke 15:11-32. Then write the answers to the following questions:
 - a. Why is it so hard to forgive?
 - b. Why did the father forgive the son?
 - c. Why didn't the older brother forgive?
 - d. Why is forgiveness important in a family?
5. Make a list of home duties or chores (at least five) and do them for five weeks. Keep a record of how often you do each of them.
6. Do the following:
 - a. What are the steps to planning and having a family discussion?
 - b. Plan and carry out a family discussion on TWO of the following subjects:
 1. How to avoid the use of drugs and drug abuse.
 2. Understanding the growing-up process.
 3. Personal and family finances.
 4. The wise selection of friends.
7. Plan and carry out a project that involves the participation of your family. Use the family discussion outline to decide what project the family will work on together. After carrying out the project, write a one-page report that includes the following information:
 - a. The objective or goal of the project.
 - b. How individual members of your family participated.
 - c. The results of the project.
8. List ten reasons why you are important to your family.

Boy's Workbook

Boy's Workbook

Family Life

The merit, or the God and Family Award, is required to earn the Gold Medal of Achievement.

1. Write the answers to the following questions:

a. What is a family?

b. How are the family members affected if one of the members is sick?

c. How are the family members affected if one of the members leaves?

d. How are the family members affected if one of the members has receives an award?

e. How are the family members affected if one of the members is angry?

f. How are the family members affected if one of the members fights with another family member?

Commander's Initials _____ Date _____

2. Read Luke 2:41-52. Then write the answers to the following questions:

a. Why were Mary and Joseph worried about Jesus?

b. When Jesus went back to Nazareth with Mary and Joseph what did he do? Why is that important?

c. Why is that important?

Commander's Initials _____ Date _____

3. Why is it important to have rules in a family?

Commander's Initials _____ Date _____

4. Read Luke 15:11-32. Then write the answers to the following questions:

a. Why is it so hard to forgive?

b. Why did the father forgive the son?

c. Why didn't the older brother forgive?

d. Why is forgiveness important in a family?

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5. Make a list of home duties or chores (at least five) and do them for five weeks. Keep a record of how often you do each of them each week.

Home Duty Chart

Home Duty or Chore	Week 1	Week 2	Week 3	Week 4	Week 5
1.					
2.					
3.					
4.					
5.					

Parent Signature _____ Date _____

6. Do the following:

a. When planning a family discussion, what are the four main items of the family meeting agenda?

1. _____
2. _____
3. _____
4. _____

b. Plan and carry out a family discussion on TWO of the following subjects. Complete a Family Discussion Worksheet for each discussion:

- How to avoid the use of drugs and drug abuse.
- Understanding the growing-up process.
- Personal and family finances.
- The wise selection of friends.

Family Discussion Worksheet

What was the subject of the family discussion?

- How to avoid the use of drugs and drug abuse.
- Understanding the growing-up process.
- Personal and family finances.
- The wise selection of friends.

What did everyone decide should happen if a ground rule was broken?

How long did the discussion last?

What fun activity did the family chose to do at the end of the discussion?

What two things did you learn or get a better understanding of because of your family discussion?

1.

2.

Commander's Initials _____ Date _____

Family Discussion Worksheet

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What did everyone decide should happen if a ground rule was broken?

How long did the discussion last?

What fun activity did the family chose to do at the end of the discussion?

What two things did you learn or get a better understanding of because of your family discussion?

1.

2.

Commander's Initials _____ Date _____

7. Plan and carry out a project that involves the participation of your family. Use the family discussion outline to decide what project the family will work on together. After carrying out the project, write a one-page report that includes the following information:
- d. The objective or goal of the project.
 - e. How individual members of your family participated.
 - f. The results of the project.

Family Project Worksheet

Name of your family project _____

Write a short description of your family project _____

Why are you doing the project? _____

Names of the family members who participated _____

What happened as a result of your project? _____

Commander's Initials _____ Date _____

8. List ten reasons why you are important to your family.

I am important to my family because I:

1. _____

2. _____

3. _____

4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Commander's Initials _____ Date _____

Resources on Family Meetings:

<http://momsonline.oxygen.com/asafamily/article.asp?key=Z0338>

<http://parentingtoolbox.com/steps.html>

<http://www.familyeducationcenter.com/Fmeetings.htm>

Resource Materials

Family Meeting Agenda

➤ Set Ground Rules

- **Stay on one topic until everyone agrees to move onto the next topic**
- **Take turns speaking**
- **No putting other people down**
- **No fighting or arguing**
- **Decide what happens if someone breaks a ground rule**

➤ Appoint a Note Taker

➤ Know Topic to be Discussed Before Meeting

➤ End with a Fun Activity for the Family

Suggested Letter to Parents/Guardians

Dear Parent or Guardian,

In Discovery Rangers we are working on the Family Life Merit. In order to complete this merit your son must do the following things at home:

- 1. Plan and carry out a family discussion on two of the following subjects*
 - a. How to avoid the use of drugs and drug abuse.*
 - b. Understanding the growing-up process.*
 - a. Personal and family finances.*
 - d. The wise selection of friends.*
- 2. Plan and carry out a project that involves the participation of his family.*
- 3. Make a list of five home duties or chores and do them for five weeks.*

To help your son accomplish the first two things we have talked about how to conduct a family meeting. The following things were covered:

- 1. Meeting should be short 20 to 30 minutes maximum.*
- 2. Everyone in the family should be present.*
- 3. Before the meeting starts, everyone should know what is going to be discussed at the meeting.*
- 4. Notes should be taken and kept in a notebook or on the refrigerator.*
- 5. Ground rules need to be established including:*
 - a. Staying on one topic until everyone agrees to move onto the next topic,*
 - b. Taking turns speaking,*
 - c. No putting down other people,*
 - d. No fighting or arguing,*
 - e. Deciding what happens if someone breaks a ground rule.*
- 6. Plan a fun activity for the end of the meeting, such as playing a game together.*

If you have any questions please call me.

Commander (your name) and phone number.

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